

Field Trip Rules of Play

When participating in a field trip, we request that teachers, parent volunteers and students follow some simple rules:

- Students should be dressed in loose and comfortable clothing
- Students **should not** wear any of the following:
 - Jeans
 - Zippers
 - Buttons
 - Snaps
 - Belts
 - Hats
 - Skirts
 - Dresses
 - Ripped clothing
- Students should **refrain** from wearing jewellery (dangling earrings, necklaces, rings, watches etc.)
- Bare feet only—socks can be left inside footwear
- Please tie up long hair
- No food or drink, and no gum or candy on the gym floor
- Only water, in a spill-proof water bottle that is not glass, is allowed on the gym floor
- Name tags are helpful and appreciated by our staff
- If trampolines are part of your field trip
 - One at a time on the trampoline
 - Landing **feet-first** only
 - No loose objects are allowed on the trampolines (balls, hoops etc.)
 - No flipping on the trampolines
- If a student has an accident, please find a staff member to assist you

Participants who do not follow these simple rules, **will not** be allowed to participate.

We understand that not all jewelry can be taken off (i.e. Kara bracelets, Janeu threads, etc). Due to safety concerns, participants that are wearing jewelry will not be able to participate in all field trip activities.